

# **Taking Medicine at School**

A place of learning, laughter and friendship







#### Introduction

If your child needs to take medicine while they are at school, we can help.

Some children need to take medicine every day. Some only need their medicine in emergencies. Some only need their medicine for a little while, until they get better.

We have thought of some common situations which might apply to your child.





#### My child has asthma

If your child has asthma, he or she may have an inhaler and a spacer. Please bring

the inhaler into school (only the blue one – not the brown one, if your child has one). Bring the spacer too. Make sure you have an inhaler and a spacer at home to use as well.

Ask your doctor or your practice nurse to complete an Asthma Card for your child, and bring that into school. It is like a care plan which helps us to deliver the right treatment.

#### My child has eczema

If your child has eczema, the doctor may prescribe a moisturising cream to rub into their skin. Please bring the cream into school. Make sure you have another pot of cream to use at home.

If your child needs to use an over-the-counter moisturising cream, we can treat your child only if we have a letter from your doctor or another medical professional.



#### My child has an allergy

If your child has a very severe allergy, the doctor may prescribe an *EpiPen* to help them in an emergency. Please bring two *EpiPens* into school, and make sure you have at least two at home as well.

A care plan is always written for children with very severe allergies. If you have already written a care plan with a medical professional (like a doctor or a school nurse), please bring it to school.

If your doctor says that your child needs an over-the-counter allergy medicine (like *Piriton*), we can treat your child only if we have a letter from your doctor or another medical professional.



### My child has epilepsy

If your child has epilepsy, the doctor may prescribe a reliever medicine.

Please bring the medicine to school, but make sure you have some to use at home as well.

A care plan is always written for children with epilepsy who need medicine. If you have already written a care plan with a medical professional, please bring it to school.



## My child is ill, and the doctor has prescribed some medicine.

If your child is ill and has medicine prescribed by the doctor, please only bring it to school if it needs to be taken four times a day or more. If the medicine has to be given three times a day, please do this yourself at home (once before school, once after school, and once before bed).

Please do not bring steroids, ibuprofen or paracetamol to school.

We can only give children medicine when it is brought to us in its original container. The label must show that the pharmacist has dispensed it in your child's name, and it must also show how much your child is meant to take. We only accept inhalers in their boxes, and medicines in their original bottles.

If you prefer to give your child their medicine during the school day, please contact us and we will arrange this with you.

For further information, see our Supporting Pupils with Medical Conditions Policy, viewable in the following location on the school website:

www.thomasbuxton.towerhamlets.sch.uk/ policies/supporting-pupils-medical-conditions

If you have any further queries, please do not hesitate to speak to a member of the office staff.



